List of books in English regarding the Tomatis Method.

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Please also see the complete Bibliography of books written by Dr. Tomatis, on the same website.

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**Listening for Wellness.** Pierre Sollier’s award winning book is, according to Léna Tomatis, not just a simple introduction, but a masterly presentation of the discoveries of her late husband. The book received the Independent Publishers Award for the best book published in 2005 in the category of psychology and mental health. It also received the 2008 Eric Hoffer Legacy Award, honoring books of lasting importance. Even though the book is an in-depth presentation of the work of Dr. Tomatis, it is easy to read thanks to the many examples taken from the practice of the author. This is a "must read" book for parents, teachers, psychologists and musicians. To get a flavor of the book, please see the Table of Contents and the Summary page. You may also want to read the reviews by Léna Tomatis, Don Campbell and Joshua Leeds. You can purchase the book online by clicking the Purchase link.

**The Ear and the Voice,** by Alfred A. Tomatis, translated by Roberta Prada and Pierre Sollier. This translation of Tomatis' discoveries has been adapted by Roberta Prada and Francis Keeping to make it accessible to a broad audience. The Ear and the Voice is for everyone who wants to understand and experience the benefits of conscientious listening. The book has been divided into three parts that can be read separately or together. Part I introduces Tomatis' general concepts as they apply to the art of singing. Part II is a basic introduction to the anatomy of the ear and how its functions relate to the brain and the rest of the body. It also explains how the vocal apparatus works. Part III gives practical advice on singing, posture and matters pertaining primarily to musicians and singers. The book can be ordered via [www.amazon.com](http://www.amazon.com) or via the publisher ([www.scarecrowpress.com](http://www.scarecrowpress.com)).

**Awakening Ashley: Mozart Knocks Autism on its Ear,** by Sharon Ruben. The only book of its kind that depicts a little girl's RECOVERY from autism using the Tomatis Method. Sharon Ruben takes you on an incredible journey from tragedy to triumph. She shares with parents how early intervention and the music of Mozart pulled her daughter out of autism and off of the spectrum at 4 years old. You can purchase signed copies of the book at [www.awakeningashley.com](http://www.awakeningashley.com).
Sound Bodies through Sound Therapy by Dorinne Davis, reviews information about the ear, sound, neurology, our cellular matrix, and the various current sound-based therapies. It provides answers about the current sound based therapies as to what the therapies are, how they work, why they work, and when to do the therapies if needed, so that both the professional and consumer will know that sound energy is a valuable learning and well-being tool.

As the Tomatis Method is key to the success of the foundational needs of most individuals who can benefit from sound-based therapies, this book is important for anyone interested in the Tomatis Method. This book is hailed as a primer for all sound therapy. You can purchase the book at www.kalcopublishing.com.

Every Day A Miracle by Dorinne Davis. This book explores the success stories of sound therapy based upon the use of the Diagnostic Evaluation for Therapy Protocol (DETP®). The author interviews a wide cross section of her clientele from her 14 years in Sound Therapy. She skillfully shares each person's story, highlighting their challenges, struggles and daily miracles in their own words. Each chapter offers an analytical critique that explains why the sound therapy worked and how it was able to make major positive change in the person’s life. The Tomatis Method made a major impact on all of the stories reported. Some of the stories include people with autism, AD/HD, hyperacousis, OCD, dyslexia, as well as people leading normal lives. Each story will bring a warm feeling to your heart and enlighten you to the beautiful miracles happening with sound therapy. You can purchase the book at www.kalcopublishing.com.

The Conscious Ear, by Alfred A. Tomatis, Station Hill Press. This is Dr. Tomatis' autobiography. Tomatis' life is the story of his discoveries and the many challenges he confronted along the way. It is a fascinating journey into a researcher’s mind. The reader follows step by step the reasons that led Tomatis to call his own scientific beliefs into question and to develop progressively the Tomatis Method. Anyone interested in music, sound and health should read this book that "opens the ear" in many surprising ways. This book is out of print, but you may be able to find it in a second hand book store.

When Listening Comes Alive, by Paul Madaule, Moulin Press, 1994. Paul Madaule is the director of the Listening Center in Toronto. His book is a wonderful introduction to Dr. Tomatis' ideas. Written in a clear style, the book illustrates the main concepts of the Tomatis Method by using cases studies taken from Paul's clinical experience. It is a must read for parents looking for resources to help their children. Teachers, educators, therapists will find plenty to learn to enrich their practice. The book also provides a series of self-help exercises to develop listening skills.
The Ear and Language, by Alfred A. Tomatis. The book, published in France in 1963, was Tomatis' first book and lays down the major ideas of his research: the role of the ear in human development; differences between hearing and listening; language and laterality; language and body image. The book can be ordered via www.amazon.com.

Why Mozart? This book is more or less Tomatis' philosophical testament. It has not been translated into English, but attached is an English summary written by Pierre Sollier.

Depardieu, a biography by Paul Chutkow, Knopf, 1994. In this carefully researched book, Paul Chutkow follows the career of the great French actor Gerard Depardieu who credits Tomatis as one of the few people who were instrumental in his development. "Alfred Tomatis opened me up to language. Before Tomatis, I could not complete any of my sentences. It was he who helped give continuity to my thoughts, and he was he who gave me the power to synthesize and understand what I was thinking" (p.151). The book is an inspiring example for actors and a good example of what the Tomatis Method can achieve.

Video. The Toronto Tomatis Center has a video on Autism and the Tomatis Method. This video shows three families grappling with the autism of their child. Paul Madaule, the director of the Listening Center in Toronto, is interviewed along with the parents and explains how the Tomatis Method helped those autistic children. This is a good source of information for parents who have to deal with an autistic child.